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## HEALTH HISTORY FORM

Please complete both sides of this sheet to help your provider today

Today's Date: \_\_\_\_\_ Which Provider are you seeing today? \_\_\_\_\_

Patient Name: \_\_\_\_\_

Age: \_\_\_\_\_ Birthday: \_\_\_\_\_ Occupation: \_\_\_\_\_

Sex: \_\_\_\_\_ Marital Status: \_\_\_\_\_

MAIN CONCERNS: What brings you in today?	How long has it been going on?
A. _____	_____
B. _____	_____
C. _____	_____

SURGERIES/HOSPITALIZATIONS	What type of illness/operation?	When?
A. _____	_____	_____
B. _____	_____	_____
C. _____	_____	_____

**PAST ILLNESSES:** Please check any that apply.

Scarlet Fever _____	Unconsciousness _____	Tuberculosis _____
Pneumonia _____	High Blood Pressure _____	Diabetes _____
Heart Attack _____	Rheumatic Fever _____	Chicken Pox _____
Allergy _____	Kidney Disease _____	Cancer _____
Anemia _____	Liver Disease _____	Asthma _____

FAMILY HISTORY: list age	Diseases	If Deceased, list age at death and cause
Mother _____	_____	_____
Father _____	_____	_____
Brother _____	_____	_____
Sister _____	_____	_____
Son _____	_____	_____
Daughter _____	_____	_____

Have any of your blood relatives had any of the following? (Please Circle)

Heart Disease _____	Stroke _____	Kidney Disease _____	Psychiatric Disorder _____	Tuberculosis _____
Cancer _____	Emphysema _____	Thyroid Disease _____	Congenital Disease _____	Alzheimer's _____
Diabetes _____	Allergies _____	Osteoporosis _____	High Blood Pressure _____	

Are you adopted? \_\_\_\_\_

Would you like to discuss a Living Will and/or Medical Durable Power of Attorney with our staff? \_\_\_\_\_

**SOCIAL HISTORY:**

Tobacco	<input type="checkbox"/> Never	<input type="checkbox"/> Used to	<input type="checkbox"/> Currently smoke _____ per day.
Alcohol	<input type="checkbox"/> Never	<input type="checkbox"/> Used to	<input type="checkbox"/> Currently drink _____ per week.
Substance Abuse	<input type="checkbox"/> Never	<input type="checkbox"/> Used to use	<input type="checkbox"/> Currently use _____.
Caffeine	<input type="checkbox"/> No	<input type="checkbox"/> Currently drink _____	ounces of caffeine per day.
Fruits and Vegetables	<input type="checkbox"/> No	<input type="checkbox"/> Currently eat _____	servings per day.
Sexually Active	<input type="checkbox"/> No	<input type="checkbox"/> Currently active and use _____	for family planning.
Wear your Seatbelt	<input type="checkbox"/> No	<input type="checkbox"/> Always	
Regular Exercise	<input type="checkbox"/> No	<input type="checkbox"/> Currently _____ (type) _____	times per wk.

**MEDICATIONS**

Please list any MEDICATIONS you are currently taking, including supplements

1 _____	4 _____
2 _____	5 _____
3 _____	6 _____

**MEDICATION ALLERGIES**

Please list the REACTION you experienced next to the drug.

1 _____	4 _____
2 _____	5 _____
3 _____	6 _____

**REVIEW OF SYSTEMS (Check any that apply)**

<p><b>METABOLIC</b></p> <p>Weight Change Warmer/Colder than others Increase sweating Goiter Increased thirst Increased urination Skin, hair or nails changed</p> <p>Other: _____</p>	<p><b>CARDIOVASCULAR</b></p> <p>Chest Pain Rapid Heartbeat Irregular Heartbeat Ankle Swelling High Blood Pressure Calf Pain when walking</p> <p>Other: _____</p>	<p><b>GASTROINTESTINAL</b></p> <p>Heartburn Nausea/Vomiting Hard to Swallow Abdominal Pain Bloody Stools Black Stools Jaundice Change in Bowels Constipation Diarrhea Belching/Gas Hemorrhoids</p> <p>Other: _____</p>
<p><b>RESPIRATORY</b></p> <p>Short of breath Wheezing Productive cough Bloody cough</p> <p>Other: _____</p>	<p><b>BLOOD/LYMPH</b></p> <p>Bleeding Bruising Anemia Enlarged Glands Fever</p> <p>Other: _____</p>	<p><b>MIND AND BODY</b></p> <p>Back Pain Joint Pain Neck Stiffness Muscle Weakness Paralysis Tremors/Shakes Numbness/Tingling Convulsions Fainting Depression/Anxiety Stress Sleep Issues Memory Loss Trouble walking</p> <p>Other: _____</p>
<p><b>HEAD/EYES/EARS/NOSE/THROAT</b></p> <p>Headache Hearing problem Vision problem Ear pain Dizziness Nasal drainage Sore mouth or throat</p> <p>Other: _____</p>	<p><b>URINARY</b></p> <p>Bloody Urine Urinary Frequency Painful Urination Burning Urination Bladder Not Emptying Leaky Bladder Urinary Urgency</p> <p>Other: _____</p>	
<p><b>ALLERGIES (NON-MEDICATION)</b></p> <p>Hay fever Asthma Rashes/hives Food allergies</p> <p>Other: _____</p>	<p><b>OTHER ISSUES</b></p> <p>List any issues not already marked.</p> <p>_____</p> <p>_____</p> <p>_____</p>	

**FEMALE PATIENTS**

**MALE PATIENTS**

**VACCINATED FOR**

<p>Do you have Periods? <input type="checkbox"/> No, my final period was _____.</p> <p>Yes, every _____ days for _____ days per period.</p> <p>At what age was your first period? _____.</p> <p>Have you been pregnant <input type="checkbox"/> Never <input type="checkbox"/> Yes, _____ times.</p> <p>How many live births? _____</p> <p>Any complications? _____</p> <p>Do you take Calcium? <input type="checkbox"/> No <input type="checkbox"/> Yes</p>	<p>Impotence? <input type="checkbox"/></p> <p>Urine stream issues? <input type="checkbox"/></p> <p>Testicular exam? <input type="checkbox"/></p> <p>Scrotal lumps? <input type="checkbox"/></p> <p>Other Issues: _____</p>	<p>Tetanus <input type="checkbox"/></p> <p>Pneumonia <input type="checkbox"/></p> <p>Hepatitis B <input type="checkbox"/></p> <p>Flu <input type="checkbox"/></p> <p>MMR <input type="checkbox"/></p> <p>Shingles <input type="checkbox"/></p> <p>Other: _____</p>
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